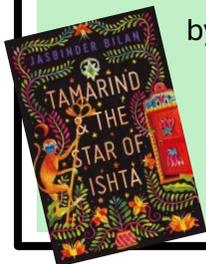


Read...

Tamarind & the Star of Ishta  
by Jasbinder Bilan



## Homework Grid Spring 2

This term, Robin Class will have their homework tasks based on our exciting **Design and Technology unit: Nutrition**. Over the next term, it is expected that children will complete a minimum of four tasks from those suggested below. Children are invited to show/talk to the class about these tasks throughout the week when there is time. They will also have their work displayed on our class homework board.

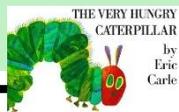
Read...

The Great Food Bank Heist  
by Onjai Q. Raúf



Write...

a short picture book to encourage young children to try new foods. You could draw your own pictures or take some from the Internet. Have fun and get creative!



Create...

a brand-new healthy recipe that can be enjoyed by children of all ages. This could be a main meal, a snack or a dessert. We would love to see pictures of what you have created.



Spend some time...

trying foods that you have never tried before. This could be simple things like a fruit or vegetable that you've never tried or something more exotic. Hopefully you'll find something new that you love!



Calculate...

the amount of fruit and vegetables you eat over the course of a week. Create bar chart to show your results and write yourself a target, detailing how you could improve your consumption of your 5-a-day.



Research...

the negative impact that energy drinks have on the human body. Showcase your findings in a poster aimed at children in secondary school.



Investigate...

which foods you can forage for throughout the year. Create an illustrated calendar with your findings. A great place to start is the Woodland Trust website.



Visit...

a local park or green space and share a healthy picnic with your family.

Visit...

a food shop that sells foods from around the world. Why not buy and try something new!